# **NNESRE** - 2023

 $Geneva\ Point\ Center-108\ Geneva\ Point\ Road,\ Moultonboro,\ NH\ 03254,\ (603)\ 253-4366$ 

This Year's Theme: "Give Light!"

107<sup>th</sup> Annual Session

July 29 to August 5, 2023

# NNESRE- Our 107th Annual Session

We are an interfaith, interracial, family-oriented, and open community that shares a weeklong experience of living and learning. Each year we explore a new camp theme that is woven into our various educational courses, activities, worship, and music. There are program opportunities for spiritual development, socio-political awareness, artistic expression, personal growth and renewal. The camp philosophy directs us to bring newly acquired insight and knowledge back to our homes, places of worship and communities in a collective effort to make our world a better place.

Geneva Point Center is located on the shores of Lake Winnipesaukee in central New Hampshire and features 195 acres of beautiful beaches, woodland trails and recreational facilities. Each day begins with optional activities such as a morning walk/run/swim or a community led Morning Watch service followed by breakfast and then classes for all ages. Afternoons are open for rest, relaxation and recreational pursuits. The waterfront offers swimming, paddle-boats, canoes and kayaks. Following dinner and our Evening Watch service there are programs designed to provide fun for all ages, including folk dancing, storytelling, the "Hoot" talent show, a Coffee House, campfire singing, a drum ring, and much, much more.

Please join us this year to experience "Winni," a loving and supportive community and tradition.

**NNESRE Mission Statement:** The Northern New England School of Religious Education (NNESRE) is an inclusive, intergenerational community welcoming all people. NNESRE conducts an annual session offering courses and activities that provide opportunities for spiritual development, socio-political awareness, artistic expression, personal growth and renewal.

#### **Your NNESRE Staff for 2023**

Carrie Leap and Travis Leap, Co-Deans Jen Hanrahan, Chaplain Leslie Dockendorff, Business Manager Bari Prince, Program Coordinator Kate Fioravanti, Archivist Ben & Michele Bates, Ed School Co-Coordinators Trevor Davis, Evening Coordinator Joe Morrissey, Geneva GEMS Editor Trevor Morrissey, Business Committee Chair



## "GIVE LIGHT"

As I sit here on this cold, dark January day, I am encouraged by the lyrics of the song "Give Light." Give light and people will find the way. When Joanne Hammil introduced us to this song during her class many years ago, I knew it was going to be a keeper. It's become one of our closing circle songs at Winni and I've used it multiple times with my high school chorus classes. Each of us has a light inside us and we can share that light with others. By doing so, we can make a difference.

I encourage all of you to bring your beautiful and unique lights to Camp Winni this summer. Our community shines so much brighter when we all attend. Unfortunately, our family missed camp again last summer but we heard from family and friends that it was a great week. Campers were respectful of each other and were able to stay safe while still enjoying all of the Winni we know and love. We're looking forward to making it back this year and hope you will join us. Let's share our lights. Give Light!

Your Co-Deans, Travis and Carrie Leap



## A Note from the Business manager:

## **Recent Changes to remember-**

- ➤ Registration fees have risen to \$160 for over 21 and \$150 for under 21 but we also have an early discount of \$10 per attendee if you register by April 15!
- ➤ GPC is now implementing a \$500 late fee for all conferences that don't send in their meal plans 2 weeks prior to camp (The camp is required to order all the food 2 weeks prior to camp so the money is needed by then) so as an outcome NNESRE has executed a late fee of \$25 to all unpaid bills that are not received by July 13, 2023.
- ➤ Please add a 3<sup>rd</sup> choice on lodging and consider sharing cabins like Dock Road with other families to accommodate all our returning and new campers!
- ➤ NNESRE encourages campers to stay the full week, otherwise if you cannot, NNESRE has implemented a partial week payment policy for lodging and meal rates which includes 1-2 day campers paying 35%, 3- 4 day campers paying 70% and 5-7 day campers paying 100%.
- ➤ GPC has increased the lodging and meeting space by 12-18% but the business committee has negotiated a discount this year for meeting space!
- ➢ GPC has increased all the meals by 5% and raised the charge for special diets to \$4.00 per meal (\$80 per week) for vegan and gluten free. Vegetarian will be considered standard and not have an extra charge.
- ➤ GPC has closed the 3<sup>rd</sup> floor of the Inn and there are limited rooms available on the 2<sup>nd</sup> floor of the Inn.
- > CREDIT CARDS ARE BEING ACCEPTED FOR DEPOSITS AND FINAL PAYMENTS. Please fill out form at the end of this brochure if you would like to use a credit card. A fee of 3% will be added.
- ➤ GPC will still be placing linens on beds versus making them unless otherwise instructed. This keeps the turnaround process much quicker. As a result they are providing linen sets for rooms (that come with them) but guests will be making their own beds. Anyone, for whom this may be a difficulty, can request to have their beds made up for them by GPC.

#### **Adult Education Classes**

Three periods of 55 minute classes beginning at 9:00am each day, Sunday thru Friday

## Winni 2022-Give Light-Adult Education

Welcome to Winni 2023 Adult Education. NNESRE offers weeklong classes in three categories: Social/Political, Personal Development, and Religion and Spirituality. Read on for class descriptions and instructor bios. We've got a great lineup featuring some familiar faces and welcoming new instructors. Looking forward to seeing you in class!

Please note that class offerings are subject to change.

## **Social/Political**

## **Revolutionary Love - Rev. Marilyn B. Kendrix**

Believing that love is the force that should drive all of our actions requires both open hearts and open minds. Understanding that God's love for us is unconditional and is available to all, regardless of the way we worship or the way we pray, the way we look or the way we love, invites each of us into opening our hearts to all and can serve to open our minds to new ways of thinking, new ways of believing, new ways of acting in our world.

Yet, there are those who believe that religion should be separate from the political, that preachers should not be "preaching politics from the pulpit." This course is intended to challenge that notion, using current problems that exist in America among God's people (meaning ALL people) to chart a path directly back to scripture.

A graduate of Yale Divinity School with a Master's of Divinity, Rev. Marilyn B. Kendrix worked for over 15 years as an Organizational Development Consultant principally at AT&T but also in other profit and not-for-profit settings. Marilyn has also served on the Board of Directors of the Connecticut Conference United Church of Christ. Marilyn earned her Bachelor's degree from Spelman College in Atlanta, Georgia, her Executive MBA from the University of New Haven and an MA in Industrial and Organizational Psychology, also from the University of New Haven. Marilyn retired from serving as Bridge Conference Minister of the Southern New England Conference, United Church of Christ and is working on her first solo book. Marilyn is married to her best friend, Alan, and together they have 3 children, 6 grandchildren and two dogs, Bear and Sugar.

#### **Restoring Community - Len Raymond**

This class will explore the social science of restorative practices — known in my experience as restoring the world to "the garden" [or heaven] it is meant to be. "Circles" are the core practice — structured group discussions that focus on repairing harm and restoring community. Three of the days will be dedicated to experiencing a specific type of circle — listening, repair and witness types. Additionally, we will discuss the challenges restorative practices presents to traditional social systems and institutions. Lastly, natural resistance to change will be weighed against the potential of ugliness being transformed and corporate decision-making being improved.

Sunday: Experience a Listening Circle. Monday: What is "being restorative?" Tuesday: Experience a Repair Circle.

Wednesday: Kindness as a restorative side effect.

Thursday: Experience a Witness Circle.

Friday: Challenges and benefits for "the establishment."

Len is a seasoned practitioner of restorative practices, with over 12 years of experience and graduate level education at the International Institute for Restorative Practices. He has facilitated restorative circles with a wide range of micro-communities, including homeless individuals, residents of communal households, hospice, expelled students, and social workers and in various contexts at Winni. Prior to his interest in restorative practices, Len has had a varied career, including stints as a software engineer, user interface designer, tech support specialist and social worker. He finds his spiritual path in Zen Buddhism and is familiar with many traditions of American mysticism. He shares that his greatest spiritual awakenings have been through beauty — the intangible kind — and has been known at Winni for encouraging and writing haiku poetry. Favorite quote: "[we are] spiritual beings learning to be human rather than humans trying to be spiritual" — Kathryn Breese-Whiting.

## **Exploring Food as a Social Justice Issue - Lisa Garcia**

Events of the past few years offer many examples of how food has become a social justice issue not only in the United States but around the world. In this discussion-based class, we'll explore some of the many aspects of food in the light of a social justice issue. Some of the areas will include, but not be limited to:

- Climate: Food production can have many impacts on communities where it is grown as well as communities and populations dealing with the environmental "spillover" from water, heat, weather, run off effect, and resource allocation. We'll also explore the generational aspect.
- Production & Distribution: The pandemic highlighted numerous social justice issues related to this previously mostly "hidden" aspect of food.

- Access: The Buffalo shooting, pandemic, and the war in Ukraine are a few examples of how where and how people access their food is a social justice issue.
- Legislation & Finance: Food politics has existed for hundreds of years, but in today's economic and political environment, it's gone from being largely hidden to something that is front page news on a local, state, national and international level.

Lisa Garcia, registered dietitian nutritionist, combines her lifelong passion for food with extensive education and experience to help people conquer weight and gut health issues. She also frequently explores the ever-changing worlds of science, nutrition, food policy and their implications on our health and that of our planet. Lisa holds a Master's Degree in nutrition science from the University of St Joseph. She is a member of numerous professional groups. Her practice, Food Coach LLC (<a href="FoodCoachForMe.com">FoodCoachForMe.com</a>), reaches people in many states through telehealth and in-person sessions.

## **Religion and Spirituality**

#### Not Quite Ready for Prime-Time Bible Stories - Mark Brady

Every day we will take an interesting chapter from the Bible, read the whole chapter, and then talk about everyone's impressions. No previous Bible experience is necessary to participate. We will do some stories from the Old Testament and some from the New Testament. We will all read along with the reader, and read some other versions of the text to see if they differ in any significant ways. We'll sum up what was read after the reading and then off we go!

Many people have never heard some of these not quite ready for prime-time stories. Preachers cherry pick from scripture, but may not get the whole story out. Come ready to look into the story and see yourself in a mirror, look for the nature of God, and the nature of the relationship between humans and God (and between humans!). We may do a little play acting and what's called Bible sculpture to help dissect what we've read.

This will be a fun class! Bring a good ear, a sense of humor and an open mind. Together we'll make the stories come to life.

Mark Brady is a storyteller, full time Pastor, carpenter and kitchen designer/builder in north central Connecticut. He's been leading Bible story readings and acting them out for years. His motto is, "if it's no fun, it's no good!" He loves the stories no one else will touch. Mark has been a Winni camper for 34 years!

#### Christian Icons: Traditional and Radical - Rev. Jason Wells

Christian icons have a rich spiritual tradition spanning many centuries and cultures. Yet, they tell common stories of the Bible and the saints and speak an artistic language of their own. In this class we will survey the history of this unique art form, learn to read their symbolism and experience their spirituality. Finally, we will see how this ancient tradition has been freshly interpreted to create artistic messages of God's radical love, speaking to current issues such as racial justice.

Rev. Jason Wells has served St. Matthew's Episcopal Church in Goffstown, NH since January 2022. Before coming to Goffstown, Jason was the Executive Director of the New Hampshire Council of Churches and served Episcopal congregations in Hampton, Portsmouth, Manchester and Concord following his ordination in 2004. Jason received a Master of Divinity degree from Princeton Theological Seminary and also holds bachelor's degrees in computer science and mathematics from Southern Methodist University.

Jason lives in Pembroke with his wife Courtney and their daughter Lydia with their three cats and their flock of chickens.

## **Personal Development**

## Dance and Release – Hip Hop - Mariana Campbell

This class will focus on various dance styles within the hip hop umbrella. In addition to learning some hip hop foundations, we will explore our own individual styles through improvisation activities. We will start with a warmup at the beginning of each class that includes stretching and some light cardio. Then we will move on to improvisation activities and learning some hip hop fundamentals. This is not only a dance class, but also a space to let go of outside stresses and release energy in the form of physical expression.

No dance experience is required. The desire and ability to move and do light cardio are all that you need!

Although hip hop is the main genre of dance that I train in now, I studied modern dance in my earlier years. I have taken various dance classes including ballet, house, lite feet, dancehall, salsa, contemporary, locking, wacking, Capoiera, body percussion, and street Jazz. I have been a part of hip hop dance companies and teams throughout college. I am currently part of a competitive hip hop dance team based in Philadelphia and continue to learn and train in dance outside of this team.

#### **Carving and Conversation - Tom Weston**

Wooden spoons are perhaps one of our earliest tools. They are useful for cooking and serving food and for feeding ourselves. They can also be beautiful pieces of art as well as functional utensils.

Ten years ago, I carved my first spoon here at Geneva Point Center. If you would like to learn how to carve a wooden spoon, I will help you design, carve, shape, smooth and finish your spoon. We will start with some basic safety instructions, and then move on to carving.

While wood carving is an activity that requires your complete attention, it still allows for conversation. We may have a theme some days. Or we may simply enjoy conversation with one another as we go about our project. The class will learn from myself and from one another as we all improve our carving technique.

If you have spoon carving tools or cut resistant and/or leather gloves, please bring them. I will bring what tools and gloves I have and we can all share them. I will also provide some NH hardwood for carving.

So come spend an hour with me and carve yourself a hardwood spoon as we enjoy the fellowship of "Carving and Conversation".

I have lived in NH since graduation from New England College in 1973. I fell in love with NH as a result of being a camper here at GPC since 1953. I am a retired insurance professional and regulator, serving 21+ years with the NH State Insurance Department. In retirement, I enjoy singing with Concord Chorale, hiking with the Concord Mountain Goats, photography, beekeeping, gardening, fishing and cross-country skiing. I am a juried member of the League of New Hampshire Craftsmen and have been since 2015. Crafting one of a kind NH hardwood spoons that are both functional and make an artistic statement has become my passion.

#### Mindfulness for Mental Health - Bill Milford

This course will provide an overview of mindfulness as a mental health practice - exploring research about mindfulness, theories about how and why it works, its connection to Eastern philosophies, and last but not least - practicing together as a small group and community. We will touch on using mindfulness in daily life, with children and teens, and as prevention and adjunctive treatment for mental health concerns.

Bill Milford is the Program Director for the Social Work Program at Thomas University in Thomasville, Georgia and been teaching their clinical practice classes for 19 years. Mindfulness is a component of the "Social Work with Groups" class he leads. He is a long, long, long time Winni attendee (since he was 12) and has known the highs (being Dean) and lows (GEMS Editor) of being at Winni. He has facilitated an online Mindfulness Group for the last 3 years, since the Covid pandemic emerged. It has over 325 participants who

receive weekly Mindfulness Readings and an online Zoom gathering of around 10-20 each week. He loves music, a good laugh, and trying to figure out what makes us all tick... and tock.

## Early and Even Earlier Morning Yoga - Jennifer Brosious

It has often been said that the best time for yoga is early in the morning and now you have an opportunity to check it out! This year I've been taken up on my offer to teach yoga at 6:30 a.m. – a class I've been teaching in Hamden for over 10 years. Many local students have marveled at how much better their days go – calmer, longer lasting energy, more focused, relaxed and productive – after starting the day off with yoga.

And if 6:30 a.m. is just a little too early – join me at the 9:00 am session!

Looking forward to seeing you in the barn on the mat!

Jennifer Brosious, a life-long member of the Winni community, first experienced yoga at Winni in her teens while taking a class taught by George Blackman. Decades later, after delving deeply into yoga, she taught her first classes as a newly minted yoga teacher at Winni. Her teaching style promotes a calm, centered, and peaceful atmosphere with an emphasis on integrating breath with movement and finding balance between strength and mobility. At the end of this year, her yoga studio at home – Your Community Yoga Center – will celebrate 17 years of serving her local community.

## **Total Body Conditioning - Sue Nisson**

This is an interval exercise class mixing weight training and aerobics. We will be using our own body weight and items from the land such as, rocks, logs, the trees and the water! We'll be blending in Cardio to get your heart rate up.

I will provide modifications to fit any level of fitness and for those who have injuries or other challenges with doing the movements as taught.

My name is Susan Nisson and I have been attending Winni with my family for 25 years. I have been in the workout arena for 42 years, teaching various workout types such as kickboxing, weight training, step and cycling. I am an advocate for getting the most out of your workouts in mind, body and soul.



July 29 — August 5, 2023



# Winni Education School 2023



Ed School is an engaging morning program for children and teens that meet Sunday through Friday of the Winni week. Winni's youth enjoy fun and fellowship while adults have the opportunity to attend their own classes. Ed School seeks to provide the young people in the Winni community with similar opportunities for meaningful community-building and personal growth to those that adults enjoy during their own morning classes.

The typical Ed School day begins after breakfast with a family singalong in the Outdoor Chapel. Teachers collect their students from the singalong and each age group travels to their respective classrooms together. During class, teachers lead a range of team-building activities, crafts, games, and projects. School-age groups also engage in an age-appropriate exploration of the Winni theme. At the end of second period, school-age campers are escorted to the waterfront for supervised swimming and beach fun during third period. Preschool students are invited to spend third period at the Siftar Cottage playground with supervision by a chaperone. Parents pick their children up after third period, before lunch. High school-age campers are encouraged to attend the adult morning classes in addition to their own high school-specific meet-up in the afternoon.

Please don't hesitate to get in touch with Ed School Coordinators, Ben and Michele Bates if you have any questions. Interested in teaching Ed School? Be on the lookout for the Interest Survey coming soon! We look forward to a wonderful Winni week together!

Ben Bates, <u>bates.benjamin@gmail.com</u>, 617-833-7720 Michele Bates, <u>michele.despres@gmail.com</u>, 617-833-5566

#### **How Fees Are Determined**

All lodging fees are based on a complete occupancy theory; meaning, the more filled beds you have in your room, the lower your costs per person will be. So, if you stay at Lakeview Lodge then your fee for the week is \$1395, regardless of whether you are a single or you fill it up with four happy campers.

Conference fees cover faculty/staff subsidies, program expenses and meeting space. Our conference fees for 2023 will be: \$160 for those age 21 and over and \$150 for those under age 21. If you register by April 15 you will receive a discount of \$10 per person!

## **Scholarships**

Scholarship assistance is available upon request (please email business manager for an application). These funds are designed to offset some of the costs for those who may otherwise choose not to attend Winni. All scholarship requests must be in writing and sent in with the registration to the Business Manager and will be reviewed and authorized by the Scholarship Committee. Notice of scholarship grant will be provided with final invoice and scholarships will only be given to lodging under \$913 a week to prevent "upgrading". If you are granted a scholarship and would like to "give back" by providing volunteer assistance during the week, please contact the Deans (Carrie and Travis Leap) about your willingness to do so.

#### **Check In Reminder**

REMINDER CHECK IN TIME 3:00 PM SAT JULY 29, 2023 AND CHECK OUT TIME 10:00 AM SAT AUGUST 5, 2023

## \*\*Registration\*\*

**<u>Registrations received before April 15</u>** will be evaluated for accommodations as follows:

- 1. Those with disabilities/special needs
- 2. Seniority ("I resided there last year")
- 3. Faculty/staff member status
- 4. Best use of space, or other criteria determined appropriate by the Business Committee.

"Seniority Status" can only be granted for registrations received prior to April 15. Registrations received after April 15 will be assigned lodging by date received. So, if you'd like to sleep in the same bed as last year then please have your registration completed with the room number and mailed prior to April 15.

Please **e-mail** the Business Manager, Leslie Dockendorff at <u>idock488@sbcglobal.net</u> if you desire a more detailed description of lodging areas and amenities.

Pillows and blankets are standard for all rooms. <u>Linens</u> (two bed sheets, one pillowcase, two bath towels, and one wash cloth – towels renewed mid-week), however, are only included for the following rooms: Lakeview Lodge/Cabins, Gibbes, State Line, Cottage F, Cabin Z, and Chapel Line. Others may rent linens for **\$14.96 per set (extra towel set \$8.93)**. <u>This fee will be added to your May final invoice</u> after lodging assignments have been finalized. Please contact GPC (603-253-4366) directly to rent **motorized carts**.

#### **Instructions:**

- 1. Begin by completing your identifying and contact information.
- 2. Add your children's names, date of birth, and grade this fall.
- 3. Write in your 1st 2nd and 3rd choice for lodging.
- **4.** Complete the Conference Fee Box, lower right below including applicable discounts and total your fees. The rates for lodging and meals are provided so you may estimate your final invoice.
- 5. Sign the form, mail this page and your check payable to NNESRE for the Registration Fee ONLY, to the business manager at the address provided. Please direct questions to the Business Manager's e-mail address below. We'll be back in May with your final invoice and lodging location. Also, if you know of someone who does not use e-mail but would like to receive this registration notice, then please clue us in.

  And, in 'Winni Spirit' PLEASE share this document with friends and family!!

2023 "WINNI" REGISTRATION FORM -- April 15 Deadline for \$10 discount First time at NNESRE? Please check here so that we may send you an introductory package \_ Those under 18 and not attending with a parent require an adult sponsor enrolled at NNESRE. Adult: Special dietary Requirements: \*Dietary charge \$4.00 per meal (\$80/wk.) for all guests asking for vegan or gluten free. Address: \_\_\_\_\_ Mail this *signed* registration form *and your Conference* fee check payable to "NNESRE" to: e-mail address: Leslie Dockendorff Number of days attending: **Business Manager** Child's Name - Date of birth- Grade this fall 488 Quinnipiac Ave. North Haven, CT 06473 Jdock488@sbcglobal.net (203) 234-9763 Accommodations (add comments on back if necessary): 2<sup>nd</sup> Preference lst Preference: 3rd Preference Lodging Weekly Meal Rates Rates/wk.\* Sleeps (#rooms) Lakeview Lodge full bath 1395 4(10) Full rate age 15+ 353 Gibbes House full bath 1323 2(1), 3(9)306 Youth, age 13 thru 14 Lakeview Cabins full bath 1353,1395 2(4), 3(2)Child, age 3 thru 12 216 Cottage F full bath 1141 3(3)Infant thru age 2 0 Trees full bath 972 4 (4) Special diet (vegan, gluten free) per wk. 80 Cabin Z full bath 1150 2(1)Chapel Line Cabins full bath 1150 4 (8) Conference Fee Box due Apr. 15 Pasture Line Cabins ½ bath 1057 10(3) Age 21+ @ \$160.00: #\_\_\_\_ College Row Cabins ½ bath 913 6 (6) Age 3-20 @ \$150.00: #\_\_\_\_\_ Peat and Repeat Cabins ½ bath 1057 7(2)Pre-Apr 15<sup>th</sup> Discount \$10 each #\_\_\_\_ Cottage E full bath 1057 4(3) Sr. Citizen (65) discount \$5 each #\_\_\_\_ Dock Road Cabins ½ bath 913 7(9)First time at Winni discount \$10 ea.#\_ Malden 2nd floor full bath 1437 8(1)Total = State Line Cabins ½ bath 1150 4 (4) Inn 1st ½ bath 719 1(1)Linens: yes \_\_\_\_ no \_\_\_\_ Inn 2nd ½ bath 719 2(2)Inn 2nd shared full bath 677 2(8)Inn 3rd floor 2(0)Signed: Tent with electric hook-up, RV 296, 381 4 / site (4) Tent w/o electric 271 4 / site (20)

# **Authorization for Credit Card Use**

PRINT AND COMPLETE THIS AUTHORIZATION AND RETURN WITH REGISTRATION or FINAL INVOICE

All information will remain confidential and will not be retained

d

Return the completed and signed form to the following:

Leslie Dockendorff 488 Quinnipiac Ave. North Haven, CT 06473